



ALEXIS BEAUFILS VANILLÉA

Ingredients

PEANUT CRUNCH

153 g Feuilletine 75 g Caramelised peanuts 100 g Peanut paste 150 g Peanuts 1 g Fleur de sel 85 g Blonde chocolate

PEANUT BISCUITS

74 g Ground almonds 108 g Icing sugar 57 g Flour T55 91 g Unsalted butter

46 g Peanut paste

17 g Grapeseed oil

46 g Egg yolks

23 g Egg

17 g Whole milk

57 g Egg whites

29 g Caster sugar

CARAMEL CREAM

85 g Caster sugar (1)

250 g Whole milk 1 g Caviani - Prova Gourmet

48 g Egg yolks

10 g Caster sugar(2)

23 g Corn starch

125 g Unsalted butter

2 g Fleur de sel 13 g Gelatine

MERINGUE CREAM

110 g Egg whites 110 g Caster sugar 30 g Water

98 g Gelatine 700 Whipping cream 35% 2 g Caviani - Prova Gourmet

VANILLA WHITE GLAZE

284 g Caster sugar

284 g Glucose syrup 143 g Water

190 g Whipping cream 35%

284 g White chocolate 35 %

133 g Gelatine

2 g Čaviani - Prova Gourmet

PEANUT DECOR

10 g Caramelised peanuts

Preparation

Chop the caramelised peanuts and roasted peanuts. Melt the chocolate. Mix everything together. Weigh out 15 g per 5 cm of baking mat.

Combine the softened butter, oil and peanut paste. At the same time, mix the dry ingredients with all of the liquid ingredients and lastly, add in the mixture of fat. Whisk the egg whites with the sugar, then gently add into the previous mixture. Weigh out 15 g onto a 5 cm baking mat. Bake at 170 °C for 20 minutes.

Cook the sugar (1) until you obtain a caramel. Split the vanilla bean and scrape the seeds out. Infuse the milk with the vanilla, bring to the boil and use to stop the cooking process of the caramel. Next, make a crème pâtissière. Off the heat, add the hydrated gelatine. Then add the cold cubed butter and the fleur de sel.

MERINGUE CREAM

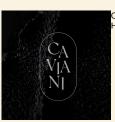
Heat the sugar and water to 120 °C, pour onto the egg whites, and make a meringue. Then, add the melted gelatine. At the same time, whip the cream with the vanilla until fluffy (soft). Once the meringue reaches 50 °C, add the whipped cream.

Boil the water, sugar and glucose. Add the hydrated gelatine, and once melted, blend with the chocolate to an emulsion and lastly, add the cold cream and Caviani.

PEANUT DECOR

Heat the glaze to 30 °C, blend without incorporating air, then glaze the entremets desserts. Chop the peanuts and caramelised peanuts in half. Arrange randomly on the entremets.

Associated products



CAVIANI Heart of the Bean





